

# APPENDIX A:

## BOOKS, TRAINING MATERIAL AND SUPPLIERS

### Books

Moir JC. *The Vesico-Vaginal Fistula*. London: Baillière, Tindall & Cox, 1961 (2nd edn. London: Baillière, Tindall & Cassell, 1967).

This classic monograph is an excellent introduction to fistula surgery.

Waaldijk K. *Step by Step Surgery of Vesico-Vaginal Fistulas*. Edinburgh: Campion Press, 1994. Available from Teaching Aids at Low Cost (TALC) Box 49, St Albans, Hertfordshire AL1 5TX, UK (info@talcuk.org).

This is valuable reading for any serious fistula surgeon. It is based on Kees Waaldijk's personal experience in Northern Nigeria, which is the largest in the world. It is very detailed and well illustrated, but the beginner might find some parts hard to follow. Dr Waaldijk's experience is constantly evolving and he is embarking on a new series of publications. The first, *Obstetric Fistula Surgery Art and Science: The Basics*, has just been released as a private publication printed by Printmarkt.eu (You can email them on info@printmarkt.eu), or they are obtainable from Dr Waaldijk in the Netherlands (kees.waaldijk@yahoo.com). The series now contains many titles from hypotonic bladders to classification and is growing all the time.

Breen M. *Manual of Obstetric Fistula Surgery*. The Foundation for the Global Library of Women's Medicine, 2019.

Michael Breen's new book can be found at GLOWM (Global Library of Women's Medicine) [http://www.glowm.com/recommended\\_textbooks](http://www.glowm.com/recommended_textbooks)

This is an amazing resource, consisting of detailed notes of the operative steps for all the major procedures in fistula surgery. In many ways, it is complementary to and much more detailed than the present book. It is based on Michael Breen's extensive experience at Monze Hospital, Zambia and now in Madagascar.

Goh J, Krause H. *Female Genital Tract Fistula*. Brisbane: University of Queensland Press, 2004. Available from the Medical Bookshop, University of Queensland. Herston Road, Herston, Queensland 4006, Australia (medicalbookshop@uq.net.au).

This is a comprehensive account of the whole range of obstetric and gynaecological fistulae.

Zacharin R.F. *Obstetric Fistula*. New York: Springer-Verlag, 1987.

This is an excellent account of the historical aspects of fistula repair, but is of little help to a beginner. It contains a chapter about the early days of the Addis Ababa Fistula Hospital.

Hancock B. "Introduction to Obstetric Fistula Surgery", a chapter in *Gynaecology for Resource Poor Locations*. Sapiens Publishing, 32 Meadowbank, London NW3 3AY, UK (info@sapienspublishing.com) (www.sapienspublishing.com). It can also be found on the GLOWM website (www.glowm.com).

Campbell IM, Asiiimwe IS. *Nursing Care for Women with Childbirth Injuries*. Global Library of Women's Medicine. 2021.

Hamlin C (with Little J). *The Hospital by the River*. Sydney: Pan Macmillan Australia, 2001/Oxford: Monarch Books, 2004.

This is a very enjoyable account of Catherine and Reg Hamlin's life and work at the Addis Ababa Fistula Hospital. There is also a sequel called 'Catherine's Gift', also published by Pan Macmillan.

## Training Material

Andrew Browning's training videos are available through GLOWM, the Global Library of Women's Medicine (www.glowm.com)

Lewis G, de Bernis L, eds. *Obstetric Fistula: Guiding Principles for Clinical Management and Programme Development*. Geneva: World Health Organization, 2006. Available online at [www.who.int/reproductive-health/docs/obstetric\\_fistula](http://www.who.int/reproductive-health/docs/obstetric_fistula). Hard copy available from World Health Organization, Department of Reproductive Health and Research, Documentation Centre, 1211 Geneva 27, Switzerland (rhrpublications@who.int).

This manual contains chapters on social integration and rehabilitation, nursing care, physiotherapy and operative principles. A summary of the manual is given by de Bernis L. *Int J Gynaecol Obstet* 2007; **99**(suppl 1): S117–21.

Hancock B. *First Steps in Vesico-Vaginal Fistula Repair*. London: Royal Society of Medicine Press, 2005.

This is a practical account for doctors and nurses new to fistula surgery.

Hancock B. *Practical Obstetric Fistula Surgery*. London: Royal Society of Medicine Press, 2008.

This is the first edition of the present book and is available free online.

## Suppliers

- FIGO Fistula Sets - please contact [figo@figo.org](mailto:figo@figo.org)

## Instruments

- Boyd-Stille tonsil scissors (ART No. 101-8420 17cm)
- Sharp-pointed special Stille  
both from Stille Surgical AB, Sundbybergsvägen 1A, SE-171 73 SOLNA, Sweden ([www.stille.se](http://www.stille.se)).
- Curved Kelly's fistula scissors from Vubu Medical in Germany. Product no. VUBU-03-10616 (<https://www.vubu-medical.de/en/Surgical-Instruments/KELLY-FISTULA-SCISSORS-CURVED-16-0CM::1071.html>)
- Thorek scissors  
from Aesculap ([www.surgical-instruments.info](http://www.surgical-instruments.info)).

## Clip-on Headlight

- Voroscope LED Illumination and Magnification System  
from Nuview Ltd, Unit 26, Daniels Industrial Estate, Bath Rd, Stroud, Gloucestershire GL5 3TJ, UK ([www.voroscopes.co.uk](http://www.voroscopes.co.uk)).
- DC-1 LED Light  
from Lemonchase, The Brewery, Bells Yew Green, Tunbridge Wells, Kent TN3 9BD, UK ([www.lemonchase.com](http://www.lemonchase.com)).  
In other countries, similar headlights can be found in resources for dental surgeons.
- FIGO Head Torch: please contact [figo@figo.org](mailto:figo@figo.org)

## Needles and Sutures

### Needles

- J-shaped fish-hook needles  
from Surgicraft Ltd, 11 The Oaks, Clews Road, Redditch, Worcestershire B98 7ST, UK ([www.surgicraft.co.uk](http://www.surgicraft.co.uk) or [info@surgicraft.co.uk](mailto:info@surgicraft.co.uk)).

### Ethicon sutures

- Monocryl 3-0, W3625: 5/8-circle 26mm round bodied
- Vicryl 2-0, W9160: 5/8-circle 36mm round bodied
- Vicryl 2-0, W9020: Ligapack dispenser reel 2.5m.

### **Polysorb Sutures**

- Polysorb 2–0: Product code UL878 (5/8-circle 27mm needle)

An excellent suture on a strong, small 5/8-circle needle from Covidien Syneture ([www.syneture.com](http://www.syneture.com)); available in UK from Squadron Medical Ltd (tel: +44(0)1246 470999).

### **Urethral Plugs**

Are currently unavailable but we are hopeful that they may come back into production again.